



April 2026

Daytime Activities (Before 5PM)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																									
Key: BR= Billiard Rm CR=Craft Room RH=Regency Hill Clubroom RHF= Regency Hill Fitness IP= Indoor Pool L=Library	GYM= Sloan Exercise Room OP- Open Play S= Sloan Clubroom SF= Sloan Fitness SPD= Sloan Pool Deck RA= Reception Area		1 8:00a Aerobics RH 10:00a Chair Yoga SF 11:15a Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	2 9:15a Aerobics SF 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	3 Good Friday 8:00a Aerobics RH 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	4 2:00p Table Tennis SF 4:00p-11:00p Private Rental S																																																																																																									
5 Easter 2:00p Table Tennis SF	6 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	7 8:00a Hackers 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 1:00p Mah Jongg S 1:00p Canasta RH 4:00p LeCercle Francais BR 4:00p Water Aerobics IP	8 8:00a Aerobics RH 9:00a ARC S 10:00 Chair Yoga SF 11:15a Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	9 9:15a Aerobics SF 10:00a Th morn Bk Club #4 S 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	10 8:00a Aerobics RH 9:15a Slow Flow Yoga SF 9:00a Coffee at the Clubhouse S 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	11 2:00p Table Tennis SF 2:00pm set. Up Dance Party S																																																																																																									
12 2:00p Table Tennis SF	13 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	14 8:00a Hackers 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 12:00p Ladies Lunch Bunch 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	15 8:00a Aerobics RH 10:00 Chair Yoga SF 11:15a Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	16 9:15a Aerobics SF 10:00a Th morn Bk Club #3 RH 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	17 8:00a Aerobics RH 9:15a Slow Flow Yoga SF 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	18 2:00p Table Tennis SF 12:00 Set up IDG S																																																																																																									
19 2:00p Table Tennis SF 2:00-4:00p Sunday Speaker <i>Volunteer Opportunities in Montgomery & Chester Counties Sloan</i>	20 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	21 8:00a Hackers 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 10:30-12:30 Craft Du Jour S 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	22 Earth Day 8:00a Aerobics RH 9:00a. HOA BR 10:00 Chair Yoga SF 11:15a Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	23 9:15a Aerobics SF 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Canasta S 4:00p Water Aerobics IP	24 Arbor Day 8:00a Aerobics RH 9:15a Slow Flow Yoga SF 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	25 2:00p Table Tennis SF PROGRESSIVE DINNER																																																																																																									
26 2:00p Table Tennis SF 2:00-4:00p Understanding Memory Loss & Dementia Through Medicine, & Faith. Sloan Tim Frantz MD &George	27 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	28 8:00a Hackers 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	29 8:00a Aerobics RH 10:00 Chair Yoga SF 11:15a Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	30 9:15a Aerobics SF 9:00-3:00 BLOOD DRIVE S 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Canasta BR 4:00p Water Aerobics IP	<table border="1"> <thead> <tr> <th colspan="7">March</th> </tr> <tr> <th>Su</th> <th>M</th> <th>Tu</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> <tr> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> </tr> <tr> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> </tr> <tr> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> </tr> <tr> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	March							Su	M	Tu	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<table border="1"> <thead> <tr> <th colspan="7">May</th> </tr> <tr> <th>Su</th> <th>M</th> <th>Tu</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1 2</td> </tr> <tr> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> </tr> <tr> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> </tr> <tr> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> </tr> <tr> <td>31</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	May							Su	M	Tu	W	Th	F	Sa							1 2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
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