



March 2026 Daytime Activities (Before 5 PM)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																																
1 2:00p Table Tennis SF 4:00p setup Beach Party S	2 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	3 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 1:00p Mah Jongg S 1:00p Canasta RH 4:00p LeCercle Francais BR 4:00p Water Aerobics IP	4 8:00a Aerobics RH 10-11:00 Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	5 9:15a Aerobics SF 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	6 8:00a Aerobics RH 9:15a Slow Flow Yoga SF 10:45 Line Dancing S 12-12:50 Rhythm & Balance S 1:00p Canasta S 2:00p Volleyball IP	7 12:00p Set up wine Club #1 2:00p Table Tennis SF																																																																																																																
8 Int'l. Women's Day 9 am-9 pm Private Rental S 2:00p Table Tennis SF	9 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	10 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 12:00p Ladies Lunch Bunch 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	11 8:00a Aerobics RH 9:00a ARC S 10-11:00 Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	12 9:15a Aerobics SF 10:00a Th morn Bk Club #4 S 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	13 8:00a Aerobics RH 9:00a Coffee at the Clubhouse S 9:15a Slow Flow Yoga SF 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	14 12:00p Set up Cocktail Party RH 2:00p Table Tennis SF																																																																																																																
15 2:00p Table Tennis SF	16 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	17 St Patrick's Day 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 10:30-12:30 Craft Du Jour. S 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	18 8:00a Aerobics RH 10-11:00 Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	19 9:15a Aerobics SF 10:00a Th morn Bk Club #3 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	20 8:00a Aerobics RH 9:15a Slow Flow Yoga SF 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	21 12:00-3:00p Reg Irregulars S 2:00p Table Tennis SF 12:00p setup Wine Club #3 RH																																																																																																																
22 12:00 setup Welcome Newcomers Party S 2:00p Table Tennis SF	23 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	24 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	25 8:00a Aerobics RH 9:00a HOA S 10-11:00 Chair Yoga SF 1:00p Table Tennis SF 1:00p Stitchers S 1:00p Mah Jongg RH	26 9:15a Aerobics SF 10:00a Table Tennis SF 11:00-1:00p Bridge CR 12:30p Hand and Foot RH 1:00p Bowling 1:00p Canasta S 4:00p Water Aerobics IP	27 8:00a Aerobics RH 9:15a Slow Flow Yoga SF 10:45 Line Dancing S 12-12:50 Rhythm& Balance S 1:00p Canasta S 2:00p Volleyball IP	28 2:00p Table Tennis SF																																																																																																																
29 2:00p Table Tennis SF 12:00a Set up Wine Club S	30 8:00a Aerobics RH 10:00a Table Tennis SF 10:00a Chair Yoga S 1:00p Mah Jogg RH 1:00p Canasta S 4:00p Water Aerobics IP	31 9:15a Aerobics SF 9:15a Gentle flow Yoga RH 11:00a Gentle flowYoga SF 1:00p Mah Jongg S 1:00p Canasta RH 4:00p Water Aerobics IP	Key: BR= Billiard Rm CR=Craft Room RH=Regency Hill Clubroom RHF= Regency Hill Fitness Ce IP= Indoor Pool L=Library	GYM= Sloan Exercise Room OP- Open Play S= Sloan Clubroom SF= Sloan Fitness SPD= Sloan Pool Deck RA= Reception Area	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr style="background-color: #4B0082; color: white;"> <th colspan="7">February</th> </tr> <tr style="background-color: #D8BFD8;"> <th>Su</th><th>M</th><th>Tu</th><th>W</th><th>Th</th><th>F</th><th>Sa</th> </tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	February							Su	M	Tu	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28															<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr style="background-color: #4B0082; color: white;"> <th colspan="7">April</th> </tr> <tr style="background-color: #D8BFD8;"> <th>Su</th><th>M</th><th>Tu</th><th>W</th><th>Th</th><th>F</th><th>Sa</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	April							Su	M	Tu	W	Th	F	Sa				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30									
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