



# May 2025

## Daytime Activities (Before 5 PM)

### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

**Key:**

BR= Billiard Rm

CR=Craft Room

RH=Regency Hill Clubroom

RHF= Regency Hill Fitness

IP= Indoor Pool

L= Library

GYM= Sloan Exercise

OP- Open Play

S= Sloan Clubroom

SF= Sloan Fitness

SPD= Sloan Pool Deck

RA= Reception Area

April						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

June						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**1**

9:15a Aerobics SF  
10:00a Table Tennis SF  
1:00p Hand and Foot RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**2**

8:00a Aerobics RH  
9:15a Slow Flow Yoga SF  
10:45 Line Dancing S  
1:00p Canasta S  
2:00p Volleyball IP

**3**

10:00a IDG set up S  
2:00p Table Tennis SF

**4**

2:00p Table Tennis SF  
12:00pm Set up Cinco de  
Cocktail Reception S

**5 Cinco De Mayo**

8:00a Aerobics RH  
10:00a Table Tennis SF  
10:00a Chair Yoga S  
1:00p Mah Jogg RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**6** 8:00a Hackers

9:15a Aerobics SF  
9:15a Gentle flow Yoga RH  
11:00a Gentle Flow Yoga SF  
1:00p Mah Jogg S  
1:00p Canasta RH  
4:00p LeCercle Francais BR  
4:00p Water Aerobics IP

**7** 8:00a Slice Girls

8:00a Aerobics RH  
9:30a Gentle Yoga SF  
11:00a Chair Yoga S  
1:00p Table Tennis SF  
1:00p Stitches S  
1:00p Mah Jogg RH  
2:00p Bowling

**8**

9:15a Aerobics SF  
10:00a Th morn Bk Club #4 S  
10:00a Table Tennis SF  
1:00p Hand and Foot RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**9**

8:00a Aerobics RH  
9:00a Coffee at the Clubhouse S  
9:15a Slow Flow Yoga SF  
10:45 Line Dancing S  
1:00p Canasta S  
2:00p Volleyball IP

**10**

2:00p Table Tennis SF

**11 Mother's Day**

2:00p Table Tennis SF



**12**

8:00a Aerobics RH  
10:00a Table Tennis SF  
10:00a Chair Yoga S  
1:00p Mah Jogg RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**13** 8:00a Hackers

9:15a Aerobics SF  
9:15a Gentle Flow Yoga RH  
11:00a Gentle Flow Yoga SF  
12:00p Ladies Lunch Bunch  
1:00p Mah Jogg S  
1:00p Canasta RH  
4:00p Water Aerobics IP  
Reading Phillies Bus Trip

**14** 8:00a Slice Girls

8:00a Aerobics RH  
9:00a ARC S  
9:30a Gentle Yoga SF  
11:00a Chair Yoga S  
1:00p Table Tennis SF  
1:00p Stitches S  
1:00p Mah Jogg RH  
2:00p Bowling

**15**

9:15a Aerobics SF  
10:00a Th morn Bk Club #3  
10:00a Table Tennis SF  
1:00p Hand and Foot RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**16**

8:00a Aerobics RH  
9:15a Slow Flow Yoga SF  
10:45 Line Dancing S  
1:00p Canasta S  
2:00p Volleyball IP

**17 Armed Forces Day**



12:00-3:00p Reg Irregulars S  
2:00p Table Tennis SF  
3:00p Set up Wine club #1 S

**18**

2:00p Table Tennis SF  
2:00pm Sunday Speaker  
UP Police on various  
topics S

**19**

8:00a Aerobics RH  
10:00a Table Tennis SF  
10:00a Chair Yoga S  
1:00p Mah Jogg RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**20** 8:00a Hackers

9:15a Aerobics SF  
9:15a Gentle Flow Yoga RH  
11:00a Gentle Flow Yoga SF  
1:00p Mah Jogg S  
1:00p Canasta RH  
4:00p Water Aerobics IP

**21** 8:00a Slice Girls

8:00a Aerobics RH  
9:30a Gentle Yoga SF  
11:00a Chair Yoga S  
1:00p Table Tennis SF  
1:00p Stitches S  
1:00p Mah Jogg RH  
2:00p Bowling

**22**

9:15a Aerobics SF  
10:00a Table Tennis SF  
1:00p Hand and Foot RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**23**

8:00a Aerobics RH  
9:15a Slow Flow Yoga SF  
10:45 Line Dancing S  
1:00p Canasta S  
2:00p Volleyball IP

**24**

2:00p Table Tennis SF  
12:00p Setup Wine Club #3

**25**

2:00p Table Tennis SF

**26 Memorial Day**



8:00a Aerobics RH  
10:00a Table Tennis SF  
1:00p Mah Jogg RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**27** 8:00a Hackers

9:15a Aerobics SF  
1:00p Mah Jogg S  
1:00p Canasta RH  
4:00p Water Aerobics IP  
1:00p Hackers Party  
SPD and S

**28** 8:00a Slice Girls

8:00a Aerobics RH  
9:30a Gentle Yoga SF  
11:00a Chair Yoga S  
1:00p Table Tennis SF  
1:00p Stitches S  
1:00p Mah Jogg RH  
2:00p Bowling 1

**29**

9:15a Aerobics SF  
10:00a Table Tennis SF  
1:00p Hand and Foot RH  
1:00p Canasta S  
4:00p Water Aerobics IP

**30**

8:00a Aerobics RH  
10:45 Line Dancing S  
1:00p Canasta S  
2:00p Volleyball IP

**31**

8:00a-1:00p Garage Sale  
2:00p Table Tennis SF  
12:00p Setup Wine Club #2 S